

# KIDSCOUNT DOES SUNDERLAND

(10K Run that is!)

On the 12th July 2009, seven members of the youth board at KIDS COUNT ran the Bupa Sunderland 10K run. After months of training and hopefully a lot of healthy eating, Jinal, Olu, Americo and Daniel ran the great run to raise funds to continue the work of KIDS COUNT, tackling the great British weather and running 10K. We are incredibly proud of our little superstars!



After an intense head to head showdown against seasoned cross country runner Americo and the suprising dark horse Olu, the race was decided in mere milliseconds with both ending with an impressive time of 52 minutes 21 seconds

but ended with Olu being handed a crushing defeat by Americo's hands and superior athletic prowess.

Jinal maintained a steady pass throughout finishing the race at little over an hour with a time of 1 hour 1 minute and 11 seconds.

Finally, despite stopping for the toilet, slipping in the shower and a wider array of mishaps Daniel finished with an impressive time of 1 hour 5 minutes 31 seconds beating over half of the other competitors in the race.



*Greatly Exaggerated  
Written by Americo*



We would love for you to show your support for our young people, after their constant hard work throughout the years that KIDS COUNT has been around. The funds that are raised will be going completely into the continued campaign to put young people at the heart of policy and of the family.

The work that the youth board carries out includes visiting communities and community groups, holding conferences and speaking at various conferences around the UK, visiting schools and holding workshops for young people, covering issues including gun and knife crime, gang culture, identity, substance abuse, underage sex and the large array of day to day struggles that young people face.

Please contact us via the information on the website if you wish to offer sponsorship or even if you feel that you could help in another way. The work of the youth board never ends as youth issues are ongoing, please be a part of the solution with us and donate or offer your support today! Thank you.